

## SOCIAL MEDIA CONTENT PLAN

- marialourdes.santos03@gmail.com
- f https://www.facebook.com/DigitasticDesk
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## **FACEBOOK**



**MAY 24 | 11AM** 



Make time for yourself. You'll have your clearest and most productive thoughts when your mind is relex and rested.

#justsaying #relax

#generalvirtualassistants

**SCHEDULED** 

**MAY 25 | 11AM** 



Take a look at yourself from a year ago, and see how far you've come today.

Never stop LEARNING.

**SCHEDULED** 

#curiousmind
#generalvirtualassistant

**MAY 26 | 11AM** 



WORK.PASSION.COMMITMENT #generalvirtualassistant #DigitasticDesk

**SCHEDULED** 

**MAY 27 | 11AM** 



Self Discipline is a skill that gives you the power to stick with your decisions and follow them through, without changing your mind, and is therefore, one of the important requirements for achieving success and accomplishing goals.

**SCHEDULED** 

**MAY 28 | 11AM** 



Money or Happiness? What is your stand here? Share it in the comments.

**SCHEDULED** 

**MAY 29 | 11AM** 



My kids are always my motivation to keep me going and to strive harder.

#workathomemoms #generalvirtualassistant **SCHEDULED** 

**MAY 30 | 11AM** 



The most obvious benefit of work from home moms is the time that you get to spend with your kids and your family. But situations like, you have an online interview or a meeting. This happens.

Do you have similar situations like these? Share it in the comments.

#workfromhomemoms #generalvirtualassistant



**MAY 24 | 7PM** 



WORK.PASSION.COMMITMENT
#Sundayinspiration
#generalvirtualassistant
#DigitasticDesk

**SCHEDULED** 

**MAY 25 | 7PM** 



A stay at home mom who have made a commitment to become a Virtual Assistant.

Digitastic Desk is here to help your businesses grow. Check out my other Social Media platforms for more updates and info.

#generalvirtualassistant

#freelancevirtualassistanceservic es #DigitasticDesk

**SCHEDULED** 

**MAY 26 | 7PM** 



"Strike while the iron is hot."

#opportunity

#generalvirtualassistant

#freelancevirtualassistanceservices

**SCHEDULED** 

**MAY 27 | 7PM** 



Time = Life #priorities #generalvirtualassistant

**SCHEDULED** 

**MAY 28 | 7PM** 



Whatever you decide to do, make sure it makes you happy. #behappy #generalvirtualassistant

**SCHEDULED** 

**MAY 29 | 7PM** 



Confidence motivation for everyone. #fridaymotivation #generalvirtualassistant

**SCHEDULED** 

MAY 30 | 7PM



Stay swaggy! #enjoylife #generalvirtualassistant



MAY 24 | 3PM



Lasting joy doesn't come from objects, it comes from experiences.

**SCHEDULED** 

MAY 25 | 3PM



Why you need a Virtual Assitant in 2020. Check this out! https://bit.ly/3bBklPx #entrepreneurs #businessowners #virtualassistantjobs #DigitasticDesk

**SCHEDULED** 

MAY 26 | 3PM



I'm a stay at home mom and decided to take on a different path. This one would help you to start with.

https://bit.ly/2T8utOD
#SAHM #careerchange
#generalvirtualassistant

SCHEDULED

MAY 27 | 3PM

Just do something! #donutgiveup #generalvirtualassistant

**SCHEDULED** 

MAY 28 | 3PM

I still say the only education worth anything is self-education.
- Robert Frost -

**SCHEDULED** 

MAY 29 | 3PM

Be not afraid of growing slowly, be afraid only of standing still.
- Chinese Proverb -

**SCHEDULED** 

MAY 30 | 3PM



The thing that makes me sane and forget all my worries.

#workfromhomemoms #EFHM

#generalvirtualassistant



MAY 24 | 9AM



A Sunday well spent brings a week of content.

**SCHEDULED** 

**MAY 25 | 9AM** 



WORK.PASSION.COMMITMENT

**SCHEDULED** 

MAY 26 | 9AM



Life is a gift, and it offers us the privilege, opportunity and responsibility to give something back by becoming more.

- Tony Robbins -

**SCHEDULED** 

MAY 27 | 9AM



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**SCHEDULED** 

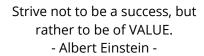
MAY 28 | 9AM



10 Tips For Building A Successful Virtual Assistant Career https://bit.ly/2LAIzEA

**SCHEDULED** 

MAY 29 | 9AM



**SCHEDULED** 

MAY 30 | 9AM



Inside The Secret World of Work-From-Home Moms https://bit.ly/367rfAc